

Mindfulness Club

ARTICLE I

The name of this Club will be Mindfulness Club.

ARTICLE II

(Name of Club)

The Mindfulness Club has been organized to bring positive health and wellness information to the SBCC campus community through health education events, workshops, presentations and multimedia sources and to provide students with an opportunity to make meaningful connections with their peers.

ARTICLE III

(Authority)

The Mindfulness Club derives its authority directly from the Student Senate and indirectly from the College Board of Trustees. The Mindfulness Club is overseen by an advisory committee consisting of the Director of Student Health and Wellness and other Health Services Staff.

ARTICLE IV

(Membership)

Membership is open to all SBCC students regardless of their religious affiliations, gender, age, sexual orientation, ethnicity, etc. Through regular trainings and workshops, members must stay current on college health and wellness related topics in order to present accurate information to SBCC student and the community.

ARTICLE V

(Meetings)

Weekly or bi-weekly meetings of the Club will be determined by the membership at its initial meeting each semester and reported to the Office of Student Life, room CC-217.

ARTICLE VI

(Officers)

President – Preside over all meetings. Call special meetings.

Vice President – Supports presidents, takes over in his/her absence.

Secretary – Records minutes of club meetings.

Treasurer – Keeps financial record.

ARTICLE VII

(Elections)

The President will serve 2 terms in a school year (Fall and Spring) and will be appointed by the Mindfulness Club Advisor each Fall. Other club officers shall serve a maximum of 2 term(s) and will be elected at the beginning of the Fall or Spring semester as needed.

ARTICLE VIII

(Amendments)

The Constitution shall be amended upon the approval the advisory committee, club officers and a simple majority of members in attendance.